

# No Frill All Thrills Trail Run Results

## March 23, 2002

Male Open Winner – Don Malen – 27:22

Female Open Winner – Wanda Gunderson – 35:05

Male Masters Winner – Todd Kelly – 31:00

Female Masters Winner – Wanda Gunderson – 35:05

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Female 1-14	Age	Overall	Time
1 Amy Seavitt	14	183	1:13:52
Male 1-14			
1 Patrick metzge	13	166	54:45
Female 15-19			
1 Michell Harburg	19	25	35:18
2 Lisa Baran	18	69	42:09
3 Stephanie Hufeld	15	185	1:14:27
Female 20-24			
1 Betsy Speer	22	36	37:03
2 Katy Speer	24	57	38:53
Male 20-24			
1 Gary schultz	20	78	43:34
Female 25-29			
1 Liz Minock	27	65	41:21
2 Leslie Gardner	26	70	42:13
3 Christina Clark	26	72	42:34
4 Nora Ruttinger	26	77	43:07
5 Jennifer Mull	26	89	44:26
6 Donna Nawrocki	26	93	44:58
7 Heather Riley	27	96	45:07
8 Kristina Fleck	25	113	47:13
9 Laura Lamar	28	116	47:20
10 Joyce Pedersen	27	117	47:21
11 Cristine Bell	29	119	47:33
12 Jody Knouse	29	129	48:48
13 Diana Fobor	25	134	49:25
14 Wendy Wagner	27	153	51:24
15 Helena Ljulj	27	161	54:00
16 Erin Konyn	25	169	56:18
17 Anna Ljulj	25	179	1:01:57
Male 25-29			
1 Lu Shaw	27	3	28:19
2 Anthony Maletich	26	5	30:00
3 Michael O'Donhue	29	14	33:00
4 Ryan Wilson	29	18	34:15
5 Steve Erisch	25	30	36:08
6 Jimmy Pangestoe	25	45	37:34
7 Adrian Forbes	27	50	37:59

8	Jeff Newstead	26	63	41:03
9	Steve Daskal	28	67	41:50
10	Matt Konyn	26	88	44:18
11	Matt Kalasky	28	109	46:53

Female 30-34

1	Carolyn Paplin	34	94	45:01
2	Sue Guzior	31	115	47:19
3	Lydia Farrell-Morin	34	126	48:43
4	Tracy Diebel	33	137	49:37
5	Barb Kroll	31	146	50:35
6	Audrey Kalasey	31	148	50:58
7	Tonya Williams	31	152	51:20
8	Amy Milliman	31	154	51:53
9	Kristy Lindberg	31	155	52:23
10	Annette Benson	32	158	53:17

Male 30-34

1	Don Malen	32	1	27:22
2	Tom Carney	31	2	27:38
3	Shawn Wehrly	33	11	32:34
4	Timothy Mielock	30	16	33:49
5	Tom McHugh	30	17	34:11
6	Mark Fochesato	30	19	34:29
7	Mark Viergutz	33	32	36:21
8	Cory O'Donohue	33	54	38:37
9	Tony Vollmar	33	55	38:40
10	Doug Burcicki	32	62	40:54
11	Chris Kalasky	30	91	44:48
12	Roger Saylor	31	101	45:40
13	Matt Weber	34	104	45:48
14	Steven Paredes	32	118	47:25
15	Alan Stockwell	32	121	48:14
16	Darryl Williams	34	151	51:20

Female 35-39

1	Lori Smith	39	73	42:35
2	Kim Landauer	37	82	43:53
3	Laurie Gustafson	38	84	44:01
4	Angie Failla	36	92	44:47
5	Kelly Hodorek	36	125	48:40
6	Kelly Bostick	39	128	48:47
7	Theresa Pilgrim	35	147	50:46
8	Sandra Woolman	36	156	53:03
9	Kyleen Vincke	39	160	53:46
10	Leslie Farris	38	168	55:15
11	Terri Mezel	36	171	56:42
12	Laura Evans	38	174	57:03
13	Dawn Cuddie	37	177	58:52

Male 35-39

1	Eric Stuber	38	4	29:43
2	Scott Savage	38	6	30:27
3	Peter Bruno	37	12	32:36
4	Scott Shaum	39	28	35:44
5	Dale Carr	38	35	36:47
6	Doug Sawyer	38	37	37:06

7 Linc Wehrly	39	44	37:31
8 Chuck Marshall	37	71	41:17
9 Keith Stowe	38	100	45:38
10 Alan Edwards	39	107	46:40
11 Andrew Russo	36	110	46:50
12 Michell Benson	37	124	48:36
13 Stephen Youngusband	39	127	48:46
14 Robby Gifford	37	140	49:51
15 Brad Baumann	39	142	49:58
16 Alan Blaszlzak	39	143	50:01
17 Leonard Kasperowica	39	150	51:14
18 Bruce Farris	39	167	55:14
19 Bryan Larsen	37	176	58:04
20 Marc Cuddie	37	178	58:53

Female 40-44

1 Wanda Gunderson	43	23	35:05
2 Janis Clay	44	81	43:52
3 Anne Burr	41	98	45:10
4 Heather McNamara	40	99	45:28
5 Denise Tefft	42	100	45:38
6 Anne Harluff	44	102	45:44
7 Melissa Gifford	42	131	49:04
8 Marit Schultz	41	132	49:05
9 Ginger Simpson	42	165	54:31
10 Jackie Boik	44	172	56:47
11 Valerie Lukasik	41	182	1:04:45

Male 40-44

1 Todd Kelly	40	7	31:00
2 Thomas Piazza	42	9	32:23
3 Karl Stuber	42	13	32:55
4 Brian Tyler	41	15	33:18
5 Jim Debrincat	44	22	34:48
6 Steve Alexander	44	24	35:11
7 Ron Marvin	40	26	35:27
8 George Sveda	40	27	35:38
9 Ken Kramer	41	31	36:12
10 Greg Seaman	42	38	37:09
11 Jim Tomalia	41	46	37:40
12 Tom Fridrick	44	47	37:47
13 Scott Forster	42	49	37:57
14 Mike Muha	44	52	38:22
15 Art Kubert	40	58	39:13
16 Larry Slagell	44	60	39:55
17 Craig Larsen	42	76	42:55
18 Rick Kales	43	80	43:41
19 Steve Hanson	42	83	43:59
20 Dean Johnson	40	95	45:06
21 Roney Metzger	43	103	45:47
22 Frank Barylski	40	123	48:36
23 Bennet Fauber	44	149	50:58
24 Dean Boik	43	173	56:48
25 Jerry Roberston	43	181	1:04:06

Female 45-49

1 Lucy Bukowski	49	136	49:33
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2	Linda Morgillo	45	157	53:07
3	Jan McGlone	45	164	54:31
4	Holly Hufeld	46	175	57:51
5	Deanna Seavitt	49	184	1:14:12

Male 45-49

1	David Walch	45	8	31:24
2	Craig North	46	10	32:32
3	Leonard Broussen	45	21	34:43
4	Larry Barnett	46	33	36:33
5	Tom Villagomez	47	40	37:12
6	Jim Paul	46	42	37:24
7	John Harburg	48	43	37:26
8	Steven Parent	45	48	37:53
9	Yasuo Stito	48	51	38:06
10	Daniel MacGlashine	45	53	38:26
11	Scott Handley	45	59	39:42
12	Steve Kaczur	46	61	40:16
13	Woody Johnson	48	74	42:37
14	John King	45	75	42:43
15	John Moyer	46	85	44:06
16	Dave Guimond	46	87	44:15
17	Gordon Swirles	45	90	44:44
18	Jim Frye	47	108	46:48
19	Dave Joseph	47	114	47:17
20	Jim Owens	45	122	48:35
21	John Tingwall	48	130	48:57
22	Jeff Katz	46	138	49:38
23	Jon Esper	48	180	1:04:00
24	Michael Zelinski	47	186	1:16:13

Female 50-54

1	Kristin Romelhard	50	170	56:18
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Male 50-54

1	Ron Carpenter	52	20	34:32
2	Tom Henderson	53	29	35:53
3	Larry Whitaker	52	34	36:47
4	Michell Smith	54	41	37:12
5	MIchell Golombeck	50	56	38:49
6	Tom Betts	51	64	41:18
7	Randall Fox	50	66	41:23
8	Frank Jobe	53	86	44:15
9	Grant Ruttinger	51	97	45:14
10	Larry Baran	51	105	46:12
11	Monty Stahelin	51	111	47:08
12	Richard Porte	50	112	47:11
13	Bill Welch	51	133	49:24
14	Jack Chennavlt	50	135	49:29
15	Howard Bosworth	51	139	49:41
16	Jerry Williams	51	141	49:50
17	Doug Lentz	54	162	54:06
18	Dave Gienapp	52	163	54:13

Male 55-59

1	Carlos Brown	55	68	42:05
2	Bill Grams	56	144	50:19

Female 60+

1 Chris Swanson	66	120	47:55
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Male 60+

1 Norman Hart	60	39	37:10
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2 Elliott Deyo	78	145	50:30
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3 Jerry Riley	60	159	53:35
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