



2004 Race Results
No Frills All Thrills Trail Run
 March 27, 2004

Male Overall
 29:03.0 Rick Bauer

Female Overall
 33:54.0 Krys Brish

Male Masters
 30:43.0 Todd Kelly

Female Masters
 33:54.0 Krys Brish

AG	TIME	NAME	AGE
Male 14 and under			
1	30:53.0	Mike Skinner	14
2	45:12.0	Kurt Krueger	13
3	55:35.0	Chet Jankowski	12
Female 14 and under			
1	46:21.0	Mikayla Schultzen	13
2	53:34.0	Vicki Gutowski	14
Male 15 - 19			
1	31:29.0	David Brent	16
2	35:14.0	Chris Cutcher	16
3	35:32.0	Isaac Godfroy	17
4	36:53.0	Coolie Calihan	15
5	40:32.0	Sean Tyler	17
6	1:04:54	Patrick Metzger	15
Female 15 - 19			
1	47:39.0	Allison Sponseller	19
2	55:33.0	Laren Conklin	19
Male 20 - 24			
1	32:21.0	Nick Buchanan	23
2	35:39.0	Scott Holle	21
Female 20 - 24			
1	37:15.0	Angelina Savoie	22
2	39:24.0	Rachel Bowman	24
3	48:02.0	Sarah Mercier	20



2004 Race Results
No Frills All Thrills Trail Run
March 27, 2004

		Male 25 - 29		
	1	32:30.0	Jim Marcero	28
	2	34:55.0	Matt Carpenter	26
	3	41:15.0	Robert Kacmarczyk	25
	4	41:37.0	Bruce Mayrand	25
	5	42:51.0	Luke Osborn	27
	6	44:08.0	Nathan Green	26
	7	46:06.0	Matt Brickel	27
		Female 25 - 29		
	4	53:16.0	Sara Gulick	22
	1	44:15.0	Holly Parker	29
	2	46:00.0	Colleen Loreda	29
	3	49:14.0	Stacey Osborne	28
	4	52:48.0	Cara Spinder	27
		Male 30 - 34		
member	1	31:39.0	Michael Selke	33
	2	31:48.0	Roman Kryzanowski	32
	3	33:30.0	Bill Dieter	33
	4	34:08.0	Ken Ferguson	33
	5	34:09.0	Paul Webster	32
	6	34:39.0	Jason Buquet	31
	7	36:26.0	Marc Dickison	31
	8	38:50.0	John McCuer	32
	9	39:29.0	Alejandro Clavier	32
	10	41:00.0	William McEvoy	34
	11	41:36.0	Steve Deluca	34
	12	42:28.0	Mark Auger	32
	13	42:57.0	Justen Grech	31
	14	43:33.0	John Clennan	31
	15	43:42.0	Mark Bernstein	32
	16	43:48.0	Dave McCall	31
	17	50:28.0	Larysa McNamara	32
	18	53:15.0	Todd Renner	30
	19	53:33.0	Scott Millman	33
	20	07:00.0	Ron Schafer	34



2004 Race Results
No Frills All Thrills Trail Run
March 27, 2004

Female 30 - 34			
	1	38:36.0	Melissa Peura 30
	2	41:35.0	Susan Budd 30
	3	49:09.0	Kay Batschelett 31
	4	49:56.0	Andrea Deluca 31
	5	50:00.0	Sarah Tchoryk 32
	6	51:11.0	Christi Merrifield 30
	7	52:16.0	Carrie Dickison 31
	8	53:07.0	Anne Brabow 34
	9	54:47.0	Christine Applegate 30
	10	1:01:14	Tammi Renner 31
	11	1:04:17	Staci Ciarelli 34
Male 35 - 39			
	1	31:42.0	Greg Thomas 35
	2	31:56.0	Shawn Wehrly 35
	3	32:01.0	Chris Cronin 39
	4	32:05.0	Peter Bruno 39
	5	32:37.0	Steve Hicks 35
	6	35:02.0	Jim Perry 37
	7	35:24.0	Anthony Kandt 35
	8	37:02.0	Scott Koulson 37
	9	37:39.0	Travis Sybrowsky 36
	10	39:37.0	Dave Batschelett 35
	11	40:11.0	Jaime Barden 37
member	12	40:29.0	Paul Harkins 39
	13	40:43.0	Andrew Hendrick 36
	14	41:21.0	Chuck Marshall 39
member	15	41:52.0	Ken Wright 37
	16	41:58.0	Mike Mahon 36
	17	43:29.0	Andrew Shmina 39
	18	44:33.0	Joe Breakey 39
	19	45:52.0	Dale Demchik 36
	20	46:16.0	Cary Scheuner 37
	21	46:42.0	Ed Sponseller 39
	22	47:55.0	Dean Williams 37
	23	50:00.0	Paul Smith 39
	24	52:56.0	Mike Sciturro 35



2004 Race Results
No Frills All Thrills Trail Run
March 27, 2004

Female 35 - 39			
	1	39:04.0	Linda Bellinger 37
	2	39:48.0	Paulette Hoose 37
	3	43:27.0	Cathy Young 37
	4	43:35.0	Kelley Ferrell 37
	5	43:57.0	Kathleen Jakes 39
	6	44:31.0	Martha Vartanoff 35
	7	50:25.0	Connie Fellman 37
	8	1:00:58	Dawn Cuddie 39
Male 40 - 44			
	1	31:00.0	Russell Rohde 43
	2	33:27.0	Karl Stuber 44
	3	35:53.0	Lawrence Turner 41
	4	36:10.0	Don Skinner 44
	5	37:30.0	Jim Tomalin 43
	6	37:34.0	Douglas Wright 42
	7	37:43.0	Scott Forster 44
	8	39:10.0	Art Kubert 41
	9	39:55.0	Todd Wilson 41
	10	41:12.0	John Wills 44
	11	41:45.0	Rick Leedy 41
	12	43:54.0	Craig Larsen 44
	13	44:22.0	Bruce Farris 41
	14	46:02.0	Mike Gase 41
	15	46:22.0	Dennis Metzger 44
member	16	46:49.0	Chris Fenton 40
	17	48:39.0	Pete Tchoryk 40
	18	1:01:29	Marc Cuddie 40
	19	39:00.0	Chuck Byron 44
Female 40 - 44			
	1	33:54.0	Krys Brish 40
	2	41:09.0	Laurie Gustafson 40
	3	43:06.0	Lynne Overberg 43
	4	43:38.0	Heather McNamara 42
	5	48:06.0	Dianne Seymour 40
	6	49:54.0	Nancy Jankowski 40
	7	51:01.0	Michele Horvath 41
	8	53:35.0	Diane Hutchinson 41
	9	54:19.0	Beth Trapp 40
	10	55:06.0	Leslie Farris 40
	11	55:31.0	Jill Sullivan 43
	12	59:59.0	Jane Domzalski 44
	13	1:04:17	Margie Payne 40
Male 45 - 49			



2004 Race Results
No Frills All Thrills Trail Run
March 27, 2004

	1	32:09.0	David Walch	47
	2	33:46.0	Kevin Naughton	47
member	3	35:59.0	Jerry Pearson	45
	4	37:54.0	Phil French	47
	5	38:09.0	Daniel MacGlashing	47
	6	39:25.0	Robert Florka	46
	7	41:22.0	Tim Nelson	46
	8	41:24.0	Bob Kozlowski	48
	9	43:50.0	Dave Joseph	49
	10	45:02.0	Rodney Metzger	45
	11	45:44.0	Jeff Young	46
	12	48:34.0	Jeff Hartlund	46
	13	1:04:59	Mike Zielinski	49
			Female 45 - 49	
	1	40:53.0	Kathleen Spillane	47
	2	46:46.0	Kathy Amerman	46
	3	50:58.0	Linda Foran	48
	4	51:39.0	Denise Harper	48
			Male 50 - 54	
	1	34:36.0	Ronald Durham	51
	2	35:19.0	Ron Carpenter	54
	3	36:45.0	Mike Keck	50
	4	40:12.0	Dan Chepska	52
	5	40:17.0	Steve Edwards	50
	6	40:51.0	Robin Pearce	50
	7	41:43.0	Grant Ruttinger	53
	8	41:48.0	Keith Wright	53
	9	43:46.0	Dana Harper	54
	10	44:51.0	Tom Betts	53
	11	45:47.0	Bill Mestrerat	52
	12	49:18.0	Richard Porte	52
	13	51:01.0	John Gianella	52
	14	51:49.0	Robert Pruneau	54
	15	52:27.0	Jim Betz	54

			Female 50 - 54	
	1	41:20.0	Liz Campbell	51



2004 Race Results
No Frills All Thrills Trail Run
March 27, 2004

2 47:30.0 Terese Fitzpatrick 50

Male 55 - 59

1 34:01.0 R.J. Harper 57
2 44:38.0 David Campbell 57
3 47:07.0 Dave Blough 57
4 1:01:17 Mike Beardslee 57

Female 55 - 59

n/a

Male 60 & up

1 39:05.0 Jeff Butler 61
2 42:20.0 Walter Pheeney 61
3 44:23.0 Leonard Block 61
4 47:42.0 Richard Weston 62
5 48:30.0 Joe Brosnan 66
6 49:57.0 David Abbeg 63
7 1:00:12 Eddie Deyo 65

Female 60 & up

1 49:17.0 Chris Swanson 68