

# No Frills, All Thrills, Trail Run (5 Miles) 5 Mile

## Age Group Results

March 25, 2006

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*Results by Everal Race Management*

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### Overall Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eric Sambolec	Lansing MI	28	1	29:36.9	5:55/M

### Overall Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Todd Kelly	Troy MI	44	2	31:56.1	6:23/M

### Overall Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rachael Post	Plymouth MI	26	15	36:29.5	7:18/M

### Overall Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michelle Fields	South Lyon MI	47	21	37:13.5	7:27/M

### Female 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kali Gleacher	W Bloomfield MI	11	152	1:16:26.5	15:17/M

### Male 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zac Dvorak	DeWitt MI	14	34	39:12.2	7:50/M
2	Patrick Tremel	Livonia MI	13	46	40:38.6	8:08/M
3	Athony Read	Dearborn MI	12	133	57:29.0	11:30/M
4	Joseph Read	Dearborn MI	9	134	57:30.9	11:30/M

### Female 15 - 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brooke Harms	Sterling Heights MI	18	39	39:54.5	7:59/M
2	Britttany Pruneau	White Lake MI	16	114	51:31.8	10:18/M

### Male 15 - 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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1	Robert Cameron	Brighton MI	19	11	35:31.3	7:06/M
2	Matt Hartwelll	Brighton MI	16	31	38:55.5	7:47/M
3	Doug Wright	Farmington Hills M	18	57	42:07.0	8:25/M
4	Edward Tremel	Livonia MI	15	67	42:51.3	8:34/M

## Female 20 - 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Clare Marks	Ann Arbor MI	23	32	38:57.1	7:47/M

## Male 20 - 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Daniel Zechar	Farmington Hills M	24	60	42:21.5	8:28/M

## Female 25 - 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carrie Hammerman	Ann Arbor MI	29	83	44:50.7	8:58/M
2	Olivia May	Ann Arbor MI	28	94	46:27.0	9:17/M
3	Megan Memmer	Lexington KY	26	96	46:51.0	9:22/M
4	Jennifer Onofray	Warren MI	27	99	47:25.6	9:29/M
5	Meaghnn Kane	W Bloomfield MI	29	102	47:51.7	9:34/M
6	Kelly Clothier	Howell MI	29	104	48:59.7	9:48/M
7	Jennifer Smith	Canton MI	29	112	51:02.2	10:12/M

## Male 25 - 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Doug Vaughn	South Lyon MI	28	3	32:06.4	6:25/M
2	Matt Carpenter	Hudson MI	28	8	34:05.9	6:49/M
3	Bruce Mayrand	Brighton MI	27	16	36:31.4	7:18/M
4	Brett Pedersen	Northville MI	26	41	40:14.1	8:03/M
5	Nathan Wilson	Ann Arbor MI	27	63	42:43.8	8:33/M
6	Michael Onofray	Warren MI	28	100	47:26.0	9:29/M
7	Dale Maskill	South Lyon MI	26	105	49:00.0	9:48/M

## Female 30 - 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Katie Calnan	Dearborn MI	32	24	37:43.9	7:33/M
2	Nora Ruttinger	Auburn Hills MI	30	56	41:50.8	8:22/M
3	Colleen Loredo	West Bloomfield MI	31	73	43:56.8	8:47/M
4	Amy Smith	Ypsilanti MI	33	97	47:05.2	9:25/M
5	Tina Applegate	Commerce Twp MI	32	123	53:09.0	10:38/M

## Male 30 - 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sam Childs	Ferndale MI	30	7	34:05.5	6:49/M
2	Jason Stephenson	Dearborn MI	31	36	39:26.5	7:53/M
3	Rodney Dunn	Brighton MI	33	48	40:44.2	8:09/M
4	Matthew Memmer	South Lyon MI	30	72	43:45.5	8:45/M
5	Roger Saylor	Birmingham MI	34	84	44:57.9	8:59/M
6	Jon Kramer	Brighton MI	32	95	46:37.5	9:19/M
7	Kevin Sweet	White lake MI	33	122	53:05.8	10:37/M

## Female 35 - 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sue Guzior	Brighton MI	35	59	42:20.4	8:28/M
2	Kristin Tomey	Ann Arbor MI	37	64	42:49.1	8:34/M
3	Michelle Helms	Brighton MI	36	69	43:16.0	8:39/M
4	Stacy Barney	Commerce MI	36	118	52:14.1	10:27/M
5	Kathleen Bourgeau	South Lyon MI	36	125	54:14.7	10:51/M

## Male 35 - 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Everett	Brighton MI	35	28	38:34.2	7:43/M
2	Nate Iikubo	Troy MI	35	29	38:48.8	7:46/M
3	Richard Sudz	Livonia MI	36	65	42:49.6	8:34/M
4	Travis Sybrowsky	Grand Ledge MI	38	77	44:04.1	8:49/M
5	Claudinei Hijaz	Monroe MI	37	88	45:08.4	9:02/M
6	Phillip Kozlowski	Canton MI	35	90	45:25.2	9:05/M
7	Eroc Nissano	Farmington Hills MI	35	98	47:11.6	9:26/M
8	Corey Clothier	Brighton MI	39	106	49:00.3	9:48/M
9	Erik Helms	Brighton MI	36	111	50:31.6	10:06/M
10	Dean Williams	Fraser MI	39	120	52:42.6	10:32/M

## Female 40 - 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Colleen Deaven	Brighton MI	40	49	40:49.5	8:10/M
2	Susan Douglas	Chelsea MI	41	50	40:51.4	8:10/M
3	Laurie Gustafson	Brighton MI	42	62	42:37.6	8:31/M
4	Celeste Tremel	Livonia MI	43	70	43:18.8	8:40/M
5	Heather McNamara	Brighton MI	44	74	43:57.1	8:47/M
6	Renee Dalglish	Commerce Twp MI	42	76	44:00.7	8:48/M
7	Colleen deBeauclair	Pinckney MI	0	81	44:38.4	8:56/M
8	Donna Korytkowski	New Boston MI	43	139	1:00:18.5	12:04/M
8	Terri Mezel	Howell MI	40	142	1:01:23.4	12:17/M
10	Dawn Cuddie	Grass Lake MI	41	144	1:02:38.6	12:32/M
11	Leah Wright	Brighton MI	40	150	1:05:01.5	13:00/M

## Male 40 - 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peter Bruno	Okemos MI	41	4	32:24.9	6:29/M
2	George Sevda	Farmington Hills MI	44	10	35:24.6	7:05/M
3	Bruce Young	LaSalle ON	44	14	36:23.3	7:17/M
4	Jerry Deaven	Brighton MI	41	17	36:46.6	7:21/M
5	Douglas Wright	Farmington Hills MI	44	19	37:06.3	7:25/M
6	Andy Reiser	Ysplilanti MI	41	23	37:27.9	7:29/M
7	Dean Johnson	Plymouth MI	44	43	40:20.8	8:04/M
8	Thomas Lee	Canton MI	41	45	40:33.5	8:07/M
9	Tim Speed	Oxford MI	43	53	41:21.8	8:16/M
10	Scott Gaboury	Ann Arbor MI	43	54	41:47.0	8:21/M
11	Stacey Rose	Wixom MI	41	128	55:10.6	11:02/M
12	Patrick Read	Dearborn MI	41	135	57:34.9	11:31/M
13	Mark Korytkowski	New Boston MI	43	140	1:00:19.4	12:04/M
14	Marc Cuddie	Grass Lake MI	42	147	1:03:03.5	12:37/M
15	Jeff Gleacher	W Bloomfield MI	41	151	1:16:26.5	15:17/M

## Female 45 - 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deb Norton	Novi MI	47	42	40:16.2	8:03/M
2	Kathleen Spillane	Chelsea MI	49	52	41:13.0	8:15/M
3	April Wyncott	Brighton MI	47	71	43:30.8	8:42/M
4	Lori Vecchioni	Brighton MI	48	85	45:00.1	9:00/M

5	Donna Mailloux	LaSalle	ON	49	115	51:36.1	10:19/M
6	Laurie Young	LaSalle	ON	49	141	1:01:01.6	12:12/M

## Male 45 - 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	Ray Jeffery	Highland	MI	46	5	33:01.4	6:36/M
2	Mark Tremel	Livonia	MI	46	12	35:49.0	7:10/M
3	Joerg Klisch	Northville	MI	45	13	35:52.9	7:10/M
4	Phil French	Howell	MI	49	18	36:53.8	7:23/M
5	Scott Forster	Grosse Pte.	MI	46	20	37:10.9	7:26/M
6	Kenneth Kramer	Livonia	MI	45	25	37:50.7	7:34/M
7	Steven Parent	Howell	MI	49	26	37:56.2	7:35/M
8	James Tomalia	Fowlerville	MI	45	30	38:54.8	7:47/M
9	Scott Swain	New Hudson	MI	45	40	40:03.0	8:01/M
10	Robert Florka	Ann Arbor	MI	48	44	40:27.2	8:05/M
11	Bennet Fauber	Ann Arbor	MI	48	47	40:42.8	8:08/M
12	Richard Harms	Sterling Heights	M	47	51	40:54.8	8:11/M
13	Francis Connolly	Ann Arbor	MI	45	58	42:08.3	8:26/M
14	David Schilke	Livonia	MI	45	68	42:52.6	8:34/M
15	Chris Norton	Novi	MI	47	82	44:44.6	8:57/M
16	Rodney Metzger	Monroe	MI	47	87	45:07.1	9:01/M
17	Dennis Metzga	Monroe	MI	46	89	45:13.2	9:03/M
18	Brian Bussa	Livonia	MI	45	108	49:51.5	9:58/M
19	Jeff Hartlund	Dexter	MI	48	109	50:10.4	10:02/M
20	Peter Claypouk	Brighton	MI	45	113	51:11.0	10:14/M

## Female 50 - 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	Liz Campbell	Leamington	Ontario	53	61	42:31.6	8:30/M
2	Nancy Mayville	Windsor	ON	50	132	57:16.1	11:27/M
3	Donna Lapczuk	LaSalle	ON	51	138	57:57.4	11:35/M
4	Kristin Romelhardt	Dexter	MI	54	145	1:02:44.0	12:33/M
5	Cheryl Woods	Whitmore Lake	MI	52	146	1:02:44.9	12:33/M

## Male 50 - 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	Mike Keck	Howell	MI	52	27	38:10.5	7:38/M
2	Michael Golombek	Dearborn	MI	54	37	39:40.5	7:56/M
3	Robin Pearce	New Hudson	MI	52	38	39:47.8	7:57/M
4	James Debege	Bloomfield	MI	51	91	45:40.7	9:08/M
5	Larry Cherven	Ann Arbor	MI	53	93	46:14.9	9:15/M
6	Richard Porte	Dearborn	MI	54	117	52:05.8	10:25/M
7	Thomas Hart	Brighton	MI	52	124	53:45.4	10:45/M
8	John Gialanella	Tecumseh	MI	54	130	55:41.5	11:08/M

## Female 55 - 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	Cindy Goodhue	Milford	MI	59	110	50:29.7	10:06/M
2	Chris Fuerth	Woodslee	ON	58	116	51:36.7	10:19/M
3	Maryann Baxter	Oxford	MI	55	136	57:49.6	11:34/M

## Male 55 - 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	Ron Carpenter	Hudson	MI	56	9	34:50.3	6:58/M
2	Len Fuerth	Woodslee	ON	57	22	37:15.1	7:27/M
3	Jim Patton	Belleville	MI	59	35	39:16.4	7:51/M

4	David Campbell	Leamington Ontario	59	55	41:49.7	8:22/M
5	Grant Ruttinger	Grosse Pte Woods	M 55	78	44:19.5	8:52/M
6	Keith Wright	Farmington Hills	M 55	80	44:35.6	8:55/M
7	Thomas Claflin	Brighton MI	58	92	45:53.5	9:11/M
8	Dave Blough	Dexter MI	59	101	47:32.0	9:30/M
9	Ray Montague	Oregon OH	57	107	49:01.3	9:48/M
10	Bill Moyer	Berkley MI	56	119	52:14.8	10:27/M
11	Richard Manczak	Ann Arbor MI	57	127	55:05.4	11:01/M
12	Thomas Black	Battle Creek MI	59	129	55:35.5	11:07/M
13	Robert Pruneall	White Lake MI	56	137	57:56.7	11:35/M
14	Michael Hageman	Redford MI	58	149	1:04:26.3	12:53/M

## Female 60 and Up

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Steinhauser	Lasalle MI	61	131	55:48.8	11:10/M

## Male 60 and Up

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Doug Goodhue	Milford Mi	64	6	33:24.5	6:41/M
2	Harlan Van Blaricum	Dexter MI	65	33	39:10.2	7:50/M
3	Walter Pheeny	Farmington Hills	M 63	66	42:50.6	8:34/M
4	Leonard Block	Baycity MI	63	75	43:59.9	8:48/M
5	John Wehrly	Madison Heights	MI 66	79	44:29.4	8:54/M
6	Ted Peterson	Northville MI	60	86	45:04.4	9:01/M
7	Richard Westron	Birch Run MI	64	103	47:53.4	9:35/M
8	Bill Grams	Ann Arbor MI	60	121	52:58.8	10:36/M
9	Cyril Steinhauser	Lasalle MI	64	126	54:19.1	10:52/M
10	Tom Waligurdr	Dearborn Hts	MI 62	143	1:02:31.2	12:30/M
11	Sam Ahlouist	Plymouth MI	62	148	1:03:22.2	12:40/M

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